

Senior Activities



Pleasant Valley Senior Center
1605 E Burnley St. Camarillo CA 93010



MON	TUES	WED	THURS	FRI
Morning Stretch 8-9am Auditorium	Morning Stretch 8-9am Room 7	Morning Stretch 8-9am Senior Center	Morning Stretch 8-9am Room 7	Morning Stretch 8-9am Auditorium
Yoga 9-10am Senior Center	Yoga 9-10am Senior Center	Yoga 9-10am Senior Center	Yoga 9-10am Senior Center	Yoga 9-10am Senior Center
Yoga 10-11am Senior Center	Yoga 10-11am Senior Center	Canasta 9:30-1:30pm Senior Center	Pinochle 11am-4pm Senior Center	Walking Group 9:30-10:45am Community Center
Walking Group 9:30-10:45am Community Center	Art Group 9-12pm Room 2-3	Mexican Train 10-12:30pm Senior Center	Mahjong 11:00am-1:30pm Senior Center	Food Distribution 11am-2pm Senior Center
Canasta 9:30-1:30pm Senior Center	Mexican Train 12:30-3:30pm Senior Center	Bingo 12-3pm Auditorium	Card Group 12-4pm Senior Center	Table Tennis 1-4pm Freedom Center
Pinochle 11am-4pm Senior Center	Card Group 12-4pm Senior Center	Euchre 12-2pm Senior Center	Nickel 1-4pm Senior Center	
Table Tennis 1-4pm Freedom Center	Hand & Foot 12-4pm Senior Center	Social Bridge 12-3pm Senior Center		
	Seniors of Note 1-3pm Room 7	Table Tennis 1-4pm Freedom Center		

pvrpd.org
805.482.4881



Senior Center Pool Room
Open Mon-Fri
9am-4pm