



**Camarillo Health Care District's Senior Lunch Program (805) 388-1952**

**MARCH 2010 CAFÉ MENU**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1	2	3	4	5
Turkey Marsala, Lima Beans	Beef Sirloin Tip w/Portobello Mushrooms, Broccoli	<b>CLOSED</b>	Beef Pepper Steak, Scandinavian Vegetable Blend	Beef Stroganoff, Green Beans
8	9	10	11	12
Beef & Broccoli in Sauce, Cauliflower	Chicken Chow Mein, Brussels Sprouts	<b>CLOSED</b>	Chicken Primavera, 5-Way Vegetable Mix	Meat Lasagna, Spinach
15	16	17	18	19
Stuffed Cabbage Rolls, California Vegetable Blend	Hearty Beef Stew, Green Beans	<b>Happy St. Patrick's Day CLOSED</b>	Salisbury Steak w/Mushroom Sauce, Brussels Sprouts	Boneless Chicken Fricassee, Peas
22	23	24	25	26
Chicken & Dumplings, Spinach	Macaroni & Cheese, Lima Beans	<b>CLOSED</b>	Turkey Pot Roast, Green Beans	5 Cheese Lasagna, Carrots
29	30	31		
Asiago Chicken Portobello, Brussels Sprouts	Stuffed Green Peppers, Corn	<b>CLOSED</b>		

All meals are served with Whole Grain Bread, Butter, Fruit, Mixed Green Salad,  
8 oz. Low Fat Milk, and either Yogurt, or Cheese Stick.

Menu subject to change without notice

*Please call 388-1952 to make reservations*

**Your Kind Donations Keep the Program Operating!**  
**\$3.00 per meal is appreciated.**  
**Thank you for your generosity!**