



# Pleasant Valley Recreation & Park District

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## Pleasant Valley Aquatic Center Operation and Entry Guidelines

May 19, 2021

Dear Patrons,

The Pleasant Valley Recreation & Park District (PVRPD) staff want to thank you for your continued patience and support during this unprecedented year. While we are happy to be opening our doors to additional programming again, we will continue to operate with special procedures in place. **Programming hours will change on Monday, May 31, 2021.**

We have added additional time between certain programs for disinfection of the facility to limit the spread of COVID-19 and the potential exposure of the virus to our staff and patrons. Due to state and local restrictions, we will be limiting the number of patrons in the programs we offer. These maximum capacities may change based on state and local guidance. PVRPD Staff will have the final authority to permit or deny entrance.

District staff will always practice social distancing; however, if an emergency occurs, our staff will respond to provide appropriate care. Safety of our customers is our top priority.

**NOTE:** The District will be requiring patrons to wear face coverings at the Pleasant Valley Aquatic Center except when in the pool itself. District staff recommend patrons bring a sealable plastic bag to store their mask in while they swim.

**Chlorine in swimming pools disables coronavirus**, but please help us limit the spread of the virus by:

- Wearing masks when you are in our facility (no masks should be worn in the pool at any time)
- Keeping a physical distance of 6-10 feet from others outside members of your household
- Arriving in swim gear ready to swim (to limit your exposure in the locker rooms)
- Not sharing workout equipment. If using PVRPD equipment, please place used equipment in the Used Equipment Bin
- Limiting your shower time and exit through the side doors when leaving facility; do not exit through the lobby entrance
- Reserve your lap swim time online. Visit our website ([www.pvrpd.org/aquatics](http://www.pvrpd.org/aquatics)) to reserve your spot. Please know we will work to accommodate as many requests as possible.
- Limiting workouts to 50 minutes to allow as many community members to swim during our limited hours as possible. Workouts will begin at the start of every hour. Please exit the facility quickly so our staff can clean prior to the next wave of patrons using our amenities.
- Staying home if you are experiencing any of the following symptoms: Fever of 100.4 F or higher, cough, trouble breathing, shortness of breath, severe wheezing, chills or repeated shaking with chills, muscle aches, sore throat, loss of smell or taste or a change in taste, nausea, vomiting or diarrhea, or headaches
- Staying home if you have come in contact with a person with a known case of COVID-19 within the past 14 days

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**AQUATIC CENTER TEMPORARY HOURS OF OPERATION (as of May 2021)**

Drop- In Programs	Days	Times	Single Entry	10-Entry	20-Entry
AM Lap Swim	M/W/F	6-8am	\$4 \$3 (Senior)	\$36 \$27 (Senior)	\$68 \$51 (Senior)
Midday Lap Swim	M-F	11:30-2:30pm			
	Sa	1-3pm			
Evening Lap Swim	M/W	6-8pm			
	T/Th	7-8pm			
Therapeutic Swim	M-F	9:15-10:15am			
Structured Swim	Tu/Th	6-7:30am	\$5	\$30	\$45
Water Exercise	M-F	8:15-9:15am	\$7	\$50	\$90
Swim Lessons	Tu/Th	4-7pm	ONLINE REGISTRATION REQUIRED		
	Sa	8-11am & 12-3pm			

**LAP SWIM**

Reserve your swim time online; visit our website for the reservation link. We will do our best to accommodate as many customers as possible. A 5-minute grace period from the start of lap swim time will be allowed; however, late arrivals may lose their reserved lane to walk-in patrons. Walk-in patrons looking for a lane will be allowed access to a reserved lane if a reservation customer does not arrive by the end of their 5-minute grace period.

**WATER EXERCISE w/ Debra Greenwood**

Monday/Wednesday/Friday – Shallow Water

Tuesday/Thursday – Deep Water

This class is drop-in only and will be limited to the first 20 participants. The District will not be providing any exercise equipment, please bring your own should you need it.

**STRUCTURED SWIM w/ Brian Smallwood**

Please email Brian to reserve your swim time: [briansxx@aol.com](mailto:briansxx@aol.com)

**PRIVATE SWIM LESSONS**

Please visit [www.pvrpd.org](http://www.pvrpd.org) to view availability and register for Private Swim Lessons.

With limited access to organized swim lessons, drowning incidents have continued to rise during this pandemic. Even during social distancing, swim lessons are vital to drowning prevention. With the understanding that chlorine in swimming pools disables coronavirus, the District will be providing private swim lessons.

All swim lessons will allow for student +1 ratio (student + parent/guardian/support). Swim Instructors will provide guided instruction to teach all skills from the pool deck or in the water but with 6 feet physical distance. Intermediate & advanced swim lessons may be provided without parent/legal guardian/family member assistance only **after a swim test is given to evaluate participant's swim ability**. For participants who may not have a family member to accompany them in the water (adult participants), staff will modify lesson plans and use other swim equipment to help facilitate the lesson. All kickboards, diving toys, and swim toys will be disinfected between lessons.

**With safety as our top priority, staff will be ready to assist any swimmers in distress at any time.** Should you have any questions, please do not hesitate to contact us at 805-987-8198.

**Macy Trueblood**, Recreation Supervisor  
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