



# Pleasant Valley Senior Center

## Daily Activities

Updated  
11.13.25

All activities take place at the Senior Center unless noted on the schedule.  
For a full description of activities, visit our website at [pvrpd.org/senior-center](http://pvrpd.org/senior-center)

ACTIVITY	MON	TUE	WED	THU	FRI
MORNING STRETCH	8AM-9AM	8AM-9AM	8AM-9AM	8AM-9AM	8AM-9AM
YOGA	9AM-10AM 10AM-11AM	9AM-10AM 10AM-11AM	9AM-10AM	9AM-10AM	9AM-10AM 2PM-3PM
WALKING GROUP	9:30AM-10:45AM				9:30AM-10:45AM
ART GROUP		9AM-12PM Rooms 2&3			
CANASTA	9:30AM-1:30PM				
PINOCHLE	11AM-4PM			11AM-4PM	
MEXICAN TRAIN		12:30PM-3:30PM	10AM-12:30PM		
MAHJONG	11:15AM-3:30PM			11:30AM-1:30PM	
CARD GROUP		12PM-4PM		12PM-4PM	
EUCHURE			12PM-3PM		
NICKEL				1PM-4PM	
HAND & FOOT		12PM-4PM			
SOCIAL BRIDGE	11:15AM-2PM		12PM-3PM		
SENIORS OF NOTE		1PM-3PM Room 7			
SENIOR SOFTBALL		9AM-12PM Mission Oaks Park			9AM-12PM Mission Oaks Park

*Activities are free,  
just drop in & join!*

1605 E. Burnley St.  
Camarillo, CA 93010  
805.482.4881

Ext. 203

[Seniorcenter@pvrpd.org](mailto:Seniorcenter@pvrpd.org)

**Hours:**

**Monday-Friday  
8:30AM-4PM**

We offer puzzles,  
books, board games,  
and pool tables for  
use in the Senior  
Center.

**Table Tennis**

Mon./Wed./Fri.  
12:30PM-4PM  
Freedom Center  
515 Eubanks St.,  
Camarillo

**Bingo**

Every Wednesday  
12PM-4PM  
Auditorium  
*Buy-ins Required*

**Ukulele**

Twice a month on  
the 2<sup>nd</sup> & 4<sup>th</sup>  
Monday's  
10AM-12PM  
Auditorium

**Book Club**

Second Tuesday of  
Every Month  
5:30PM-6:30PM  
Senior Center