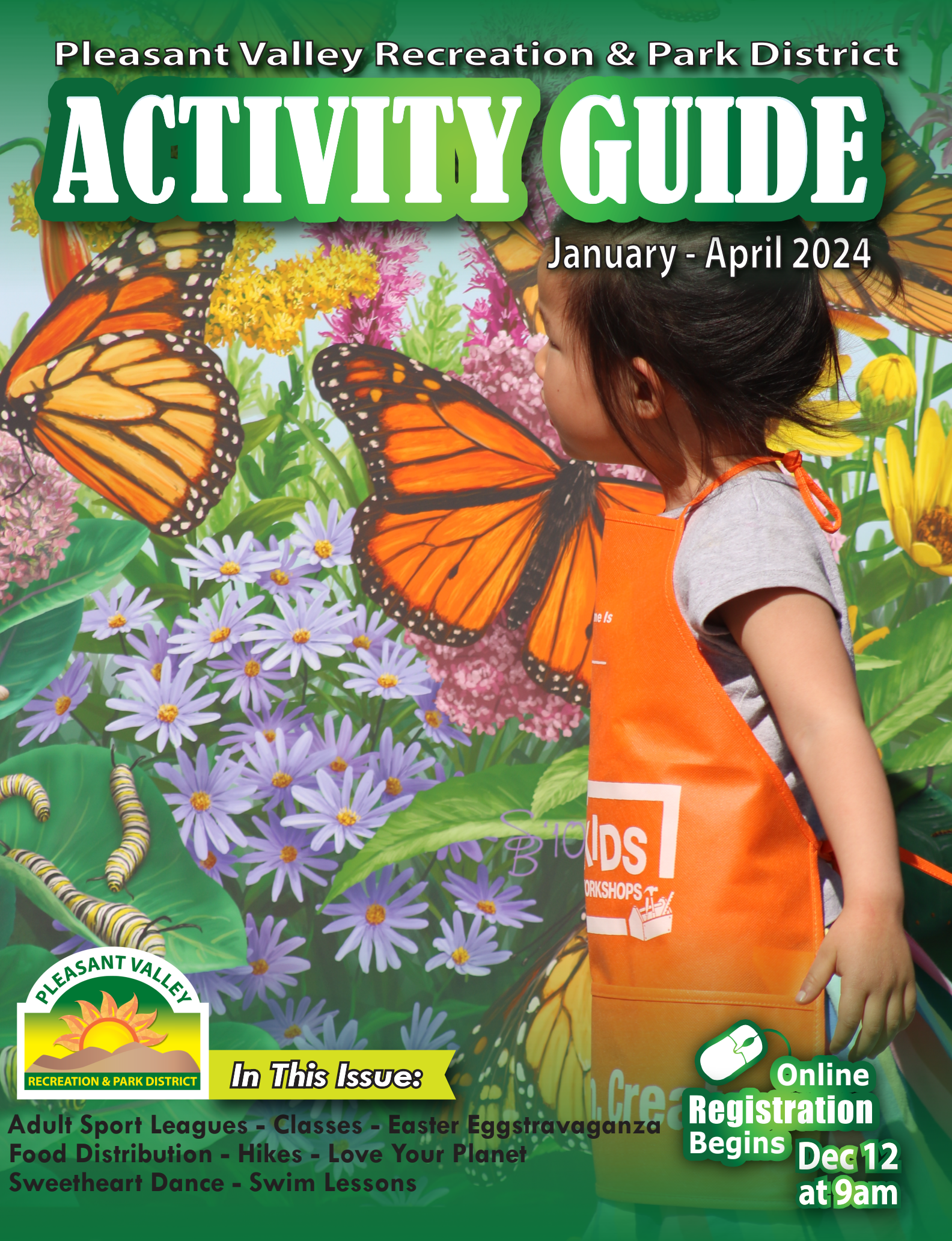


Pleasant Valley Recreation & Park District

# ACTIVITY GUIDE

January - April 2024



## ***In This Issue:***

Adult Sport Leagues - Classes - Easter Eggstravaganza  
Food Distribution - Hikes - Love Your Planet  
Sweetheart Dance - Swim Lessons



**Online  
Registration  
Begins** **Dec 12  
at 9am**





# A Message from our General Manager



**Mary Otten**  
General Manager  
[motten@pvrpd.org](mailto:motten@pvrpd.org)

As we head into 2024, we want to thank the community for participating in District sponsored events and programs. As the seasons change, so do our offerings. At Pleasant Valley Recreation and Park District, our commitment to fostering a vibrant and healthy community remains unwavering. We recognize the importance of recreation and the positive impact it has on our lives. With this in mind, our dedicated team has worked tirelessly to create an engaging activity guide that caters to all age groups and interests.

Whether you're looking for ways to stay active, connect with your neighbors, explore the great outdoors, or simply unwind and have fun, our Activity Guide offers something for everyone. From fitness classes and senior programming to nature hikes and art workshops, you'll find a wide array of opportunities to enrich your life.

Be sure to spring your way to our Annual Easter Eggstravaganza and have fun going from park-to-park for our Big Egg Hunt for a chance to win amazing prizes. Spring is also a great time to have a picnic in one of our 28 parks. I encourage you to explore the guide thoroughly, as it's not just a source of information; it's a key to unlocking new adventures, learning opportunities, and connections within our community. Reserve a park today and enjoy the amenities we offer!

In addition to the programs, District staff and contractors continue to renovate the Lokker Park playground area, the new Pickleball complex at Freedom Park, as well as the aquatic center pool deck. Please check the District website for updates on progress as these projects continue to move forward.

To receive the latest updates for special events and projects, sign up for our monthly newsletter at [pvrpd.org](http://pvrpd.org) and follow us on Facebook or Instagram @PVRPD.

Wishing you an incredible season of recreation and countless memorable moments!

**Enroll for Winter/ Spring classes and programs on  
December 12th at 9am!**

**You don't want to miss out!**



**SCAN CODE**

Administration	1
Aquatics	2-4
Camps & Cultural Arts	5
Foundation	6
Health & Wellness	7
Outdoor Education	8-9
Parks	10-11
Preschool	12
Special Interest	13-14
Sports	16-19
Seniors	20-21

## Spotlight Events & Programs

**Love Your Planet**  
*Free Entry*



**Page 8**

**Friday Night Bingo**  
*Buy-ins to Play*



**Page 23**

**Sweetheart Dance**  
*Free Entry*



**Page 23**

**Easter Eggstravaganza**  
*Free Entry*



**Page 24**





## Admin. Office

1605 E. Burnley St.  
Camarillo, CA 93010  
805-482-1996  
csr@pvrpd.org  
www.pvrpd.org  
Hours: Mon-Fri, 8am-5pm



## General Information

We are a Special District which is an independent governmental unit that exists separately from local government/The City of Camarillo.

## Class Information

It is the participant's responsibility to attend the program or verify enrollment status if a receipt is not received. A 25% charge applies to out-of-District registrations. *(In-district residents will receive a discount).*

**Any additional supply fees are paid to the instructor on the first day of class.**

## Reservations

The District has numerous park spaces and indoor facilities that are available to the public to rent. Learn more at: [www.pvrpd.org/reservation](http://www.pvrpd.org/reservation)

## Payments We Accept

Visa, MasterCard, Amex, Discover, Debit Card, Check, Cash

## Refund Policy

Class Refunds - If withdrawal/transfer from a program/class is made 5 business days prior to the start of a class there will be a full refund, less a \$10 administrative fee. If withdrawal is made less than 5 business days before the first day of the program, there will be no refund issued. Registrants failing to be present for the program will forfeit all fees paid. No refund will be issued for programs and activities where the registration cost is \$10 or less. Pro-rating is not available for late registration.

## Holiday Hours & Closures

District Wide Holidays: January 1, January 15, and February 19.

## Board Meetings

Pleasant Valley Recreation & Park District invites the public to attend upcoming Board Meetings. Location of regular meetings can be found on meeting agendas. Agendas, board packets and further details are available at: [www.pvrpd.org/board-meetings](http://www.pvrpd.org/board-meetings).

## District Ordinances

The District has rules to govern the use of its parks, recreation areas, and facilities in order that all persons may enjoy and make use of such locations and to protect the rights of all concerned. These rules may be viewed at: [www.pvrpd.org/district-ordinances](http://www.pvrpd.org/district-ordinances).

## ADA

The District is actively making necessary changes to improve accessibility of services to comply with Americans with Disabilities Act and Section 504 of the Rehabilitation Act. For questions, please contact the District's ADA Coordinator, Jessica Puckett, at 805-482-1996 x303 or [jpuckett@pvrpd.org](mailto:jpuckett@pvrpd.org).

## Transparency

The District is dedicated to operating in a transparent manner, and posts relevant financial and operational documents to our site as they become available: [www.pvrpd.org/district-transparency](http://www.pvrpd.org/district-transparency)



## Park Rangers

Park Rangers provide a uniformed presence in the parks during peak hours of use, answer park users' questions, deal with concerns, and enforce District regulations. Concerns about any unusual activity in our parks, should be directed to a Ranger at (805) 432-0708.

## Need Assistance?

Our Customer Service Representatives are available during office hours to help with class registration, facility rentals, or any other questions you may have about District services. Call 805-482-1996 or email [csr@pvrpd.org](mailto:csr@pvrpd.org).

## Turf/Field Conditions Hot Line

For updates on turf/field conditions and closures, call the Hot-line at (805) 947-5125 or visit our website at [www.pvrpd.org/field-conditions](http://www.pvrpd.org/field-conditions). Conditions will be updated at 1pm on weekdays and 7am on weekends.

**Parks Make  
Life Better!**



# Pleasant Valley Aquatic Center



## Aquatic Center

1030 Temple Ave.  
Camarillo, CA 93010  
805-987-8198  
805-482-1996  
pvac@pvrpd.org  
www.pvrpd.org



## Drop-In Programs

These ongoing, regularly scheduled activities are open to the public. No need to register for these activities, just show up at the scheduled times below and purchase a pass to participate.

### Therapeutic Swim

This time is open to individuals for self-directed exercise in the water (no instructor). Pool time is shared with other programs.

1/2-4/30 M/W/F 9:30am–11:00am  
1/2-4/30 Tu/Th 9:30am–12:30pm

### Recreational Swim

The pool is open to the public for all to enjoy. A swim test is required to use the slide (ages 7+) and diving board.

\*Split pool during some programs.

1/2-4/30 Sa 12:00pm–3:00pm

## Splash Pass

**Splash Pass are valid for:** Therapeutic Time, Lap Swim, and Recreational Swim.

**AGE Single Entry 10 Entries 20 Entries**  
4+ \$4 \$36 \$68

### Structured Swim Workout Pass

**AGE Single Entry 10 Entries 20 Entries**  
16+ \$5 \$30 \$45

### Water Exercise Pass

**AGE Single Entry 10 Entries 20 Entries**  
16+ \$7 \$50 \$90

### Toddler Time

Toddler Time is recreational time for parents with children 4 and under to enjoy the shallow end of the pool. This program shares the pool with our therapy swim.

1/2-4/30 M-F 9:30am–11:00am



### Lap Swim

Lap swim times are available throughout the week and are open to all ages, as long as you can swim continually. During busy times we encourage sharing a lane or circle swimming.

\*Split pool during some programs.

#### Morning Lap

1/2-4/30 M/W/F/Sa 6:00am–8:00am

#### Lunch Time Lap

1/2-4/30 M/W/F 11:30am–1:30pm

1/2-4/30 Tu/Th 9:30am–12:30pm

#### Evening Lap Swim

1/2-4/30 T/Th 6:30pm–8:30pm

### Effortless Swim

**Ages:** 16+

**Instructor:** Brian Smallwood

Get feedback on your stroke technique and guidance from an instructor.

Swimmers must be comfortable in the water by themselves.

1/2-4/30 Tu/Th 6:00am–7:00am

#### Cost:

\$5 (Single entry), \$30 (10 entries),  
\$45 (20 entries)

\*Separate Pass Required

### Water Exercise

**Instructor:** Debra Greenwood

Work at your own pace and enjoy all the benefits of land exercise without the impact on your joints. This class integrates cardio, sculpting and strength training by using the natural resistance of the water, water dumbbells, and noodles.

#### Water Exercise

1/2-4/30 M/W/F 8:15am–9:15am

#### Deep Water Exercise

1/2-4/30 Tu/Th 8:15am–9:15am

#### Cost:

\$7 (Single entry), \$50 (10 entries),  
\$90 (20 entries)

\*Separate Pass Required

## Pool Closures & Special Hours

**Holiday Closures:** 12/31: New Years Eve

1/1: New Years Day

**Please Note:** Participants under 14 years old must always be accompanied by a parent/guardian. Participants 14 years to 18 years of age must have a parent/guardian sign them into the facility.

**DROP-IN PROGRAM DESCRIPTIONS AND SWIM LESSON LEVEL DESCRIPTIONS AVAILABLE ON OUR WEBSITE AT [WWW.PVRPD.ORG/AQUATICS](http://WWW.PVRPD.ORG/AQUATICS)**

*PVRPD is not responsible for lost, forgotten, or stolen passes. Passes are non-transferable and cannot be applied to other programs.*





## Winter/Spring 2024 Swim Lessons

Improve your skill in the water with lessons for all ages and ability levels. At this time, only a limited number of lessons are available due to staff shortages. As more staff become available and trained, more lessons may be added. Swim lesson level descriptions are available on our website at [pvrpd.org/aquatics](http://pvrpd.org/aquatics).

### SATURDAY

8:00-8:25am	8:30-8:55am	9:00-9:25am	9:30-9:55am	10:00-10:25am	10:30-10:55am	11:00-11:25am
Adult Learn to Swim 8:00-8:45am		Parent & Child	Preschool	Parent & Child	Preschool	Private
Private	Level 1	Level 3	Level 1	Level 2	Level 1	Private
Private	Level 5/6	Level 4	Level 2	Level 4	Level 3	Private
Private	Private	Private	Private	Private	Private	Private

Group Lessons: \$40  
Private Lessons: \$80  
Adult Learn to Swim: \$60

Saturday Lessons:  
8:00am-11:30am  
January 13-February 3  
February 17-March 9  
March 23-April 20

**\*NO CLASS 3/30**

#### Reminders for Parents:

Completion of a class does not guarantee advancement to the next level.

Classes that do not meet a minimum enrollment of 75% will be contacted with options to convert the class to a semi-private, private, or move to another timeslot.

## JOIN OUR AQUATICS TEAM

**WANT A FUN & REWARDING JOB?  
THIS IS IT!**

Part Time Position:

✓ **Lifeguard/Swim  
Instructor**

- Applicants must be 15+
- Tryouts dates: 4/6, 4/14, and 4/27 at 9am.
- Interview immediately following successful tryout.
- Certifications are not necessary to apply and attend a tryout, but potential job offers will be conditional on successful completion of the American Red Cross Lifeguard Certification Course.
- See pg. 4 for Lifeguard Training courses\*

**APPLY TODAY!**

805.482.1996  
[pvrpd.org](http://pvrpd.org)





# Aquatics

## Red Cross

### CPR/AED/First Aid Adult & Pediatric

**Ages:** 15+ **Cost:** \$120

**Instructor:** PVRPD Staff

This course is designed to teach students to respond to breathing and cardiac emergencies in adults, children and infants and to use an AED. Standard First Aid will teach you the basics on how to deal with hot/cold emergencies, shock, stroke awareness, and injuries such as cuts, bruises, chemical burns, heat burns and much more. The course requires 2 hours of online training prior to in-class.

2/20 Tu 1:00pm–3:00pm

4/2 Tu 1:00pm–3:00pm

### Lifeguard Training

**Ages:** 15+ **Cost:** \$250

**Instructor:** PVRPD Staff

Upon successful completion of this class you will be certified as an American Red Cross Lifeguard with Title 22. The following prerequisites will be tested at the pool on the first day of class: 300-yard swim, tread water without the use of hands, retrieve a 10 lb. object from depth of 7+ feet, and other required skills. Participants will be required to complete 7-13 hours of online work in addition to completing all water skills. The course includes digital books, online coursework, and certification fees. A Friday night orientation and CPR class may be held from 5:30-9pm on the night prior to class starting. The instructor will contact you if necessary.

02/19-02/22 M-Th 8:00am–4:00pm

04/01-04/04 M-Th 8:00am–4:00pm



## SCUBA

### PADI – Discover Scuba

**Ages:** 10+ **Cost:** \$55

**Instructor:** Robert Inglis (SC Divers)

Have you always wondered what it's like to breathe underwater? If you want to try scuba diving, but aren't quite ready to take the plunge into a certification course, Discover Scuba Diving is for you. To sign up for a PADI Discover Scuba Diving experience, you must be at least 10 years old. This is not a certification course.

02/03 Sa 10:30am–12:30pm

03/02 Sa 10:30am–12:30pm

04/06 Sa 10:30am–12:30pm

### PADI – Bubblemakers

**Ages:** 8–10 **Cost:** \$55

**Instructor:** Robert Inglis (SC Divers)

Experience scuba diving under the direct care and supervision of a PADI Pro. Kids take their first breaths underwater in water shallower than 6 feet and learn about and use scuba diving equipment as well as have lots of fun. This is not a certification course.

02/03 Sa 8:30am–10:30am

03/02 Sa 8:30am–10:30am

04/06 Sa 8:30am–10:30am

### PADI – Reactivate / Scuba Refresher

**Ages:** 10+ **Cost:** \$80

**Instructor:** Robert Inglis (SC Divers)

Haven't been diving lately and want to refresh your dive skills? The ReActivate® program is the perfect way to regain your confidence and update what you learned in the PADI Open Water Diver Course before jumping back into the water.

02/03 Sa 10:30am–12:30pm

03/02 Sa 10:30am–12:30pm

04/06 Sa 10:30am–12:30pm

### Open Water Certification

**Ages:** 10+ **Cost:** \$404

**Instructor:** Robert Inglis (SC Divers)

If you've always wanted to take scuba diving lessons, experience unparalleled adventure and see the world beneath the waves, this is where it starts. Get your scuba diving certification with the PADI® Open Water Diver course. More class details and times are available online. Supply Fee: \$85 Workbook & \$180 Dive Boat. Dates & Times vary. Call for more information.

**Additional Supply Fee:** \$75 Workbook and \$155 Dive Boat.

02/03 Sa 8:30am–10:30am

03/02 Sa 8:30am–10:30am

04/06 Sa 8:30am–10:30am



## SOUTH COAST AQUATICS

### YEAR ROUND WATER POLO

Ages 5–18

—No Experience Needed—



SCAN ME

For more information  
and to register

(805) 660-2082 • [www.southcoastaquatics.com](http://www.southcoastaquatics.com)



## 3-Day Christmas Horseback Riding Camp

**Ages:** 6+ **Cost:** \$305  
**Instructor:** Nance Tapley-Peck  
**Location:** Peck Farm, 8295 Happy Camp Rd., Moorpark  
 Learn to go get the horse, halter, lead, tie, brush, clean feet, tack up English or Western, mount and ride. Dismount, untack, brush, feed carrots and return the horse to corral. Ride bareback the second time after lunch. Must wear boots with a smooth sole and a heel, jeans or breeches, your helmet or ours. Bring snacks, lunch, a jacket, and lots of water. Covers feeds, breeds, colors, and care of the horse. All we do is horses!  
 12/27-12/29 W-F 8:00am-1:00pm

## 4-Day Christmas Horseback Riding Camp

**Ages:** 6+ **Cost:** \$405  
**Instructor:** Nance Tapley-Peck  
**Location:** Peck Farm, 8295 Happy Camp Rd., Moorpark  
 Learn to go get the horse, halter, lead, tie, brush, clean feet, tack up English or Western, mount and ride. Dismount, untack, brush, feed carrots and return the horse to corral. Ride bareback the second time after lunch. Must wear boots with a smooth sole and a heel, jeans or breeches, your helmet or ours. Bring snacks, lunch, a jacket, and lots of water. Covers feeds, breeds, colors, and care of the horse. All we do is horses!  
 1/2-1/5 Tu-F 8:00am-1:00pm

## Beginning Drumming

**Ages:** 6+ **Cost:** \$64  
**Instructor:** Mark Tusler  
**Location:** Community Center, Room #7  
 Come learn the fundamentals and basic musicianship for drum set performance! Learn to play basic rudiments and beginning rock beats on a small tabletop electronic set. A full acoustic set will be used for the last class. All you need is a pair of sticks. Let's Drum! Students must bring sticks (5B).  
 2/6-3/5 Tu 6:00pm-7:00pm



## MSA Morning Mini Soccer Camp

**Ages:** 3-4 **Cost:** \$108  
**Instructor:** MSA Staff  
**Location:** Somis School  
 Join Camarillo High School Coach and former professional Bryan Monka in the MSA Youth Soccer Academy! Designed to develop young aspiring soccer players, the MSA Staff will teach technique, tactics, fitness and sports psychology in a fun learning environment. Class is held at Somis School: 5268 North St, Somis, CA 93066.  
 2/20-2/23 Tu-F 9:00am-10:30am  
 4/2-4/5 Tu-F 9:00am-10:30am

## MSA Morning Soccer Camp

**Ages:** 5-14 **Cost:** \$138  
**Instructor:** MSA Staff  
**Location:** Somis School  
 Join Camarillo High School Coach and former professional Bryan Monka in the MSA Youth Soccer Academy! Designed to develop young aspiring soccer players, the MSA Staff will teach technique, tactics, fitness, and sports psychology in a fun learning environment. Class is held at Somis School: 5268 North St, Somis, CA 93066  
 2/20-2/23 Tu-F 9:00am-12:00pm  
 4/2-4/5 Tu-F 9:00am-12:00pm



## Ballet and Tap - Youth & Adult

**Ages:** 6+ **Cost:** \$88  
**Instructor:** Sandra Dixon  
**Location:** Community Center, Room #6  
 The fundamentals of classical ballet and tap dance are introduced and developed in this class that includes basic tap steps, easy tap routines, and ballet barre. Ages 6 to adult are welcomed! Each session lasts for 7 weeks.  
 1/4-2/15 Th 5:00pm- 5:55pm  
 3/7-4/18 Th 5:00pm- 5:55pm

## Tango & East Coast Swing

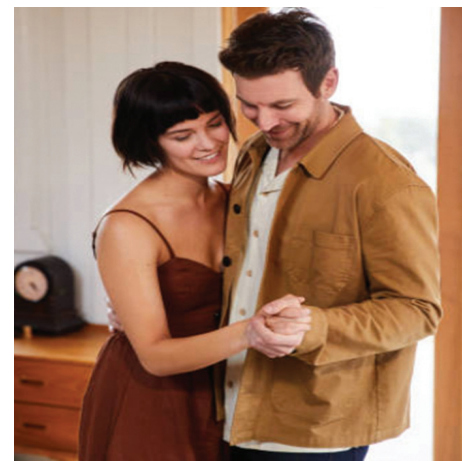
**Ages:** 18+ **Cost:** \$48  
**Instructor:** Janet Snyder  
**Location:** Somis Thursday Club  
 We will cover the dramatic Tango as well as the All-American East Coast Swing. This is a beginning level class. Please call or text Janet at (818) 634-5881 with any dance-related questions. Classes will be held at the Somis Thursday Club located at 5358 Bell St.  
 3/1-3/22 F 6:00pm-7:00pm

## Foxtrot & Waltz

**Ages:** 18+ **Cost:** \$48  
**Instructor:** Janet Snyder  
**Location:** Somis Thursday Club  
 We will cover the elegant Foxtrot as well as the classic Waltz. This is a beginning level class. Please call or text Janet at 818-634-5881 with any dance-related questions. Classes will be held at the Somis Thursday Club located at 5358 Bell St.  
 1/5-1/26 F 6:00pm-7:00pm

## Salsa & Bachata Latin Dance

**Ages:** 18+ **Cost:** \$48  
**Instructor:** Janet Snyder  
**Location:** Somis Thursday Club  
 We will cover the popular Salsa as well as the Bachata. This is a beginning level class. Please call or text Janet at 818-634-5881 with any dance-related questions. Classes will be held at the Somis Thursday Club located at 5358 Bell St.  
 2/2-2/23 F 8:30pm-9:30pm  
 4/5-4/26 F 8:30pm-9:30pm







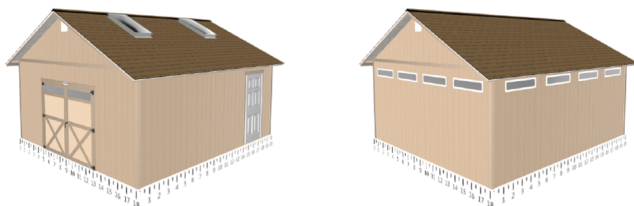
## FOUNDATION for Pleasant Valley Recreation & Parks



### Coming Soon!

NATURE EDUCATION BUILDING  
at Camarillo Grove Park Nature Center

18'x 20' PRO RANCH SHED



INSIDE WILL BE THE NEW  
HOME FOR OUR NATURE  
EDUCATION FRIENDS



Do you want to support  
this project?

*Donate Here*



Proceeds will help us purchase display cases,  
cabinets, and educational items.

The purpose of the Foundation for Pleasant Valley Recreation & Parks is to provide volunteer, charitable, and financial support for public parks, facilities, and recreational programs that benefit Pleasant Valley Recreation & Park District.

## IMPACT

The new Nature Education building will enhance Pleasant Valley Recreation & Park District's Outdoor Education Programming with displaying taxidermy animals, fossils, and educational signs inside. It will play a vital role in increasing environmental and nature education to the community through an average of 36 classes and hikes combined annually.

- Having display cases will keep nature educational items preserved and secure, ultimately providing additional long-term cost savings.
- Display cases will maximize space in the Education Classroom which can provide an increased opportunity for adding more educational items.
- Displays will provide an enhanced educational experience resulting in an increased demand from the community to utilize our program.
- Having a more permanent display solution will decrease the amount of time our volunteers/instructors spend on setting up the displays and allow them to dedicate more time toward other facets of the program.

*Visit our website to see more  
on the project*

[www.pvrpfoundation.org/projects](http://www.pvrpfoundation.org/projects)



## Tai Chi

**Ages:** 13+ **Cost:** \$165

**Instructor:** Clifton Gore

**Location:** Community Center Auditorium  
A peaceful, slow-moving martial art that promotes health and harmony. Learn choreographed sequences of movements to stay healthy and relieve stress.

### Beginner

1/3-4/17 W 7:00pm–8:00pm

### Advanced

1/3-4/17 W 8:00pm–9:00pm



## Functional Yoga for Beginners

**Ages:** 16+ **Cost:** \$109

**Instructor:** Audrey Walzer

**Location:** Senior Center

No flexibility required! Ventura County's Best Yoga Teacher for 12 years, Audrey Walzer is recommended by medical professionals. Learn body mechanics for healthy backs, hips and shoulders, and functional breathing for core strength and stress reduction.

1/10-2/28 W 6:00pm–7:00pm

3/6-4/24 W 6:00pm–7:00pm



## Jazzercise

**Ages:** 16+

**Instructor:** Patty Bolland

**Location:** Community Center Auditorium  
Jazzercise combines dance-based cardio with strength, Pilates, Yoga, kickboxing, and balance training in a fun and effective 60-minute workout, incorporating the latest moves to a variety of current upbeat music. Class passes provided at first class participation and expire in 30 days. Younger students welcome when accompanied by an adult. Call District to register young students. Bring a mat and 3-5 lb weights.

**No Class 1/15, 2/19, & 3/30.**

1/4-4/29 M/TH 5:45pm–6:45pm

1/6-4/27 Sa 8:15am–9:15am

1-day pass **Cost:** \$19

5-day pass **Cost:** \$34

10-day pass **Cost:** \$54



## Funk Fuzion

**Ages:** 18+

**Instructor:** Lorenzo Crawford

**Location:** Community Center Room 7

A fun, fresh, funky workout that blends traditional and dance flavored exercises to challenge your mind, body, and soul. Designed for both fitness novices and fitness enthusiasts that enjoy challenging workouts. This class will leave you feeling good all over. So put your "happy-feet" on and join us.

**No Class 3/30.**

1/6-4/27 Sa 10:00am–11:00am

1-day pass **Cost:** \$19

4-day pass **Cost:** \$64

6-day pass **Cost:** \$76

8-day pass **Cost:** \$84



## Looking for Contract Instructors

Pleasant Valley Recreation & Park District is always looking for new and exciting classes to offer. If you have a new, unique and fun idea for a class, you have come to the right place!

**Submit your class proposal**



## FOOD Distribution Drive-Thru

**Fridays, 11am to 1pm**  
**Community Center**

1605 E. Burnley St. Camarillo

**Bags of food are given out at no cost to those in need every Friday.**

**A Demographic Form must be filled out in order to receive food.**

**Learn more**

**pvrpd.org**

**805-482-1996**



# Outdoor Education



## Guided Nature Hikes

Please come prepared with, sturdy hiking shoes, hat, water, sunscreen, and binoculars for hikes. It is recommended to dress in layers. Parking is free at Camarillo Grove if registered with the event. In the event of rain, inclement weather, or poor air quality, hikes will be canceled. All hikes start promptly at time listed.

### Birds of Winter

**Ages:** All **Cost:** \$5  
**Instructor:** Cody Swanson  
**Location:** Camarillo Grove Park  
Over 100 different kinds of birds winter in our area. Some are residents and others only stay for the fall through early spring. Come meet some of them as you hike through Camarillo Grove Park. You can compare the different birds between here and at the Mission Oaks hike on January 20th.  
1/6 Sa 9:00am–11:00am

### Birds of Winter

**Ages:** All **Cost:** \$5  
**Instructor:** David Torfeh  
**Location:** Mission Oaks Park  
Over 100 different kinds of birds winter in our area. Some are residents and others only stay for the fall through early spring. Come meet some of them as you go through Mission Oaks Park. You can compare the different birds between here and from the January 6th Camarillo Grove hike two weeks before.  
1/20 Sa 9:00am–11:00am

### Plants of Winter

**Ages:** All **Cost:** \$5  
**Instructor:** Paul Lerma  
**Location:** Camarillo Grove Park  
Join us on a Camarillo Grove hike to explore what the local flora looks like during the winter season and how it varies throughout the year.  
2/3 Sa 9:30am–11:30am

### Everyday Birds

**Ages:** All **Cost:** \$5  
**Instructor:** Cody Swanson  
**Location:** Camarillo Grove Park  
Have you ever seen or heard a bird and wondered what type of bird it is? Come to Camarillo Grove Park to learn about some of the common birds in our area. Many of the birds we'll see will be the same birds that visit your yard and neighborhood.  
2/17 Sa 9:00am–11:00am

### Birds of Spring

**Ages:** All **Cost:** \$5  
**Instructor:** Cody Swanson  
**Location:** Mission Oaks Park  
Meet some special birds, including those arriving to nest, those about to leave after a warm winter stay, as well as year-round residents. We will compare to those we see at Camarillo Grove Park on April 13th.  
3/16 Sa 9:00am–11:00am

### Spring Equinox

**Ages:** All **Cost:** \$5  
**Instructor:** Paul Lerma  
**Location:** Camarillo Grove Park  
Let's welcome in spring, banish the winter blues, and celebrate the spring equinox by enjoying a hike. We will start to see seasonal flora appear and will start to see a change of birds and the start of baby animals.  
3/23 Sa 9:30am–11:30am

### Intermediate Birding

**Ages:** All **Cost:** \$5  
**Instructor:** Cody Swanson  
**Location:** Camarillo Grove Park  
Come to Camarillo Grove Park and see some of the colorful spring migrants before they leave, as well as some of our year-round residents. If we are lucky, we may see some of the juvenile birds that have just left their nests. This walk is recommended for those with some birding experience. This is a great time of year for bird songs so get ready to be quizzed on them when we hear them. A good pair of binoculars is highly recommended.  
4/6 Sa 9:00am–11:00am

### Birds of Spring

**Ages:** All **Cost:** \$5  
**Instructor:** David Torfeh  
**Location:** Camarillo Grove Park  
Camarillo Grove Park is alive with bird activity. Migration is in full swing. Over 100 kinds of birds can be found in our area.  
4/13 Sa 9:00am–11:00am

### Tiny Tots Tiny Trek

**Ages:** All **Cost:** \$5  
**Instructor:** Paul Lerma  
**Location:** Camarillo Grove Park  
Join us on this family-fun hike made special for the little ones. It is a shorter, easy hike for young children to enjoy just before our Love Your Planet event.  
4/20 Sa 9:30am–10:30am



## BECOME A JUNIOR RANGER!

Children ages 5-12 can enroll in the "Becoming a Junior Ranger" class, be sworn in as an official Camarillo Grove Park Junior Ranger and receive an exclusive Junior Ranger patch! Additionally, participants who attend two (2) of the same themed (Plant, Animal, Environment) classes during the year can earn these badges. Classes will be offered during each activity guide season for participants to earn one (1) Junior Ranger patch and up to three (3) badges during the year.

*\*Children do not have to complete the Jr. Ranger class before earning other badges.*



## Junior Ranger Classes

### Becoming a Junior Ranger

**Ages:** 5-12 **Cost:** \$15

**Instructor:** District Staff

**Location:** Camarillo Grove Park

This class will have participants explore Camarillo Grove Park, learn about locally native fauna and flora, and enjoy a hike on the Daryl Wagar trail before being sworn in as official Camarillo Grove Park Junior Rangers and receiving their patch.

1/13 Sa 12:00pm-1:30pm

### Fauna: Jr Paleontologist

**Ages:** 5-12 **Cost:** \$15

**Instructor:** District Staff

**Location:** Camarillo Grove Park

A paleontologist uses fossils to understand the story of Earth's history. This story includes the plants and animals that once lived on Earth. Learn about fossils and the ancient creatures that once roamed southern California and dig your very own dino egg!

2/10 Sa 12:00pm-1:30pm

### Environment: Rocks Rock!

**Ages:** 5-12 **Cost:** \$15

**Instructor:** District Staff

**Location:** Camarillo Grove Park

Rocks have been rockin' the Earth for 4.55 billion years! This class will explore different rocks and identify characteristics; learning about the different types of rocks and discovering how they are formed.

3/9 Sa 12:00pm-1:30pm

### Flora: Field Journaling

**Ages:** 5-12 **Cost:** \$15

**Instructor:** District Staff

**Location:** Camarillo Grove Park

Make your very own nature journal and fill it with sketches and poems, drawing inspiration from the native flora of the Camarillo Grove Park Nature Center Garden.

4/27 Sa 12:00pm-1:30pm



### Nature Symposium

**Ages:** All **Cost:** \$5

**Instructor:** District Staff

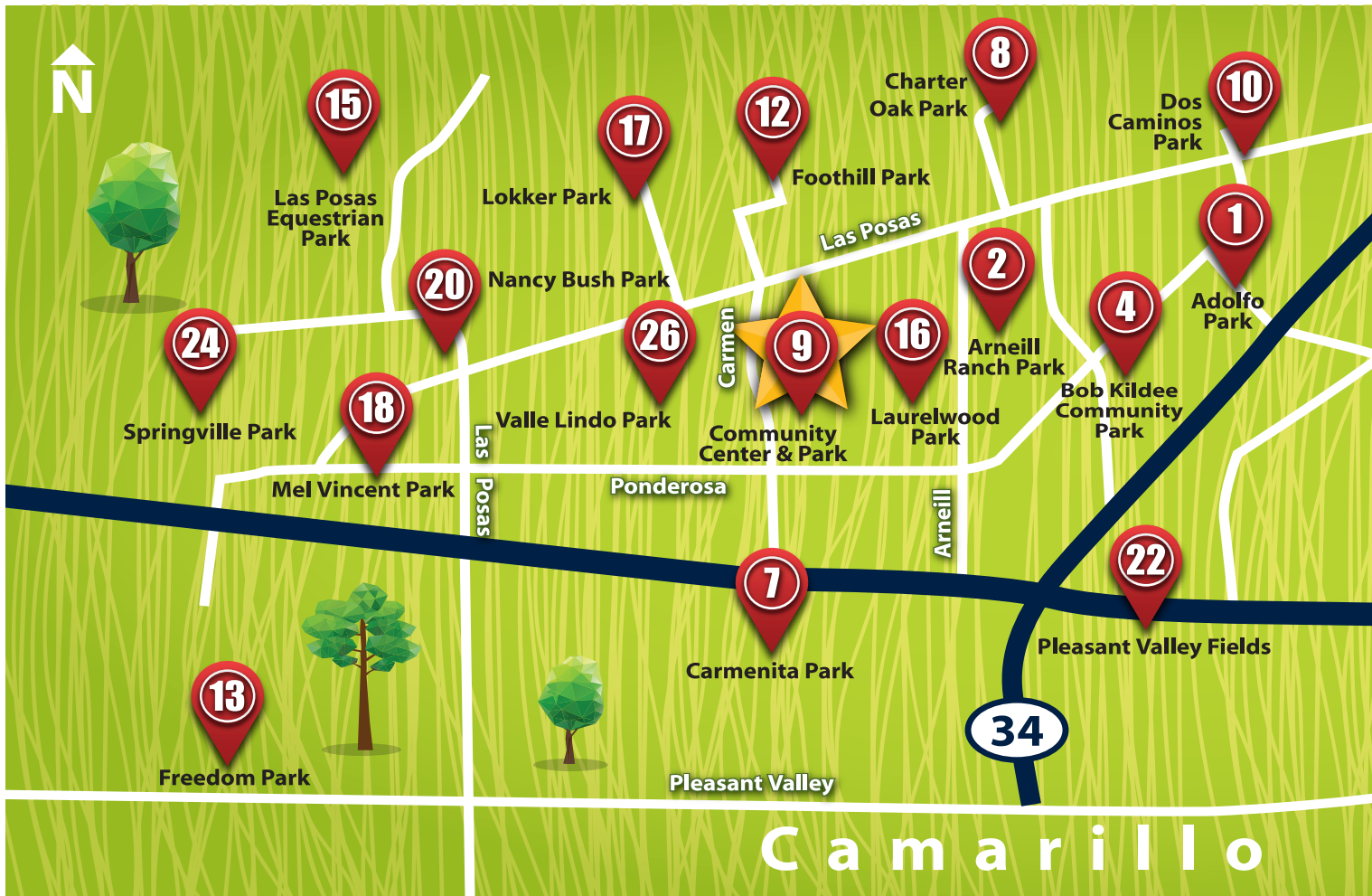
**Location:** Camarillo Grove Park

Join us for a captivating one-day event, where experts from various organizations come together to share their profound insights on a common topic. Immerse yourself in the wonders of nature as these professionals unveil the secrets of our natural world, providing a unique opportunity to connect, learn, and be inspired."

2/24 Sa 10:00am-1:00pm

*\*This does not qualify as a Junior Ranger Class.*

# Parks & Amenities



- 1 ADOLFO PARK**  
3601 Adolfo Rd.
- 2 ARNEILL RANCH PARK**  
1301 Sweetwater Ave.
- 3 BIRCHVIEW PARK**  
5564 Laurel Ridge Lane
- 4 BOB KILDEE COMMUNITY PARK**  
1030 Temple Ave.
- 5 CALLEGUAS CREEK PARK**  
675 Avenida Valencia

- 6 CAMARILLO GROVE PARK**  
6968 Camarillo Springs Rd.
- 7 CARMENITA PARK**  
1506 Sevilla St.
- 8 CHARTER OAK PARK**  
325 Charter Oak Dr.
- 9 COMMUNITY CENTER**  
1605 E. Burnley St.
- 10 DOS CAMINOS PARK**  
2198 N. Ponderosa Rd.

- 11 ENCANTO PARK**  
5300 Avenida Encanto
- 12 FOOTHILL PARK**  
1501 Cranbrook
- 13 FREEDOM PARK**  
224 Willis/275 Pleasant Valley Rd.
- 14 HERITAGE PARK**  
1630 Heritage Trail
- 15 LAS POSAS EQUESTRIAN PARK**  
2084 Via Veneto
- 16 LAURELWOOD PARK**  
2127 Dexter





## Map Key

- Amphitheater
- Aquatic Center
- Basketball Courts
- BBQ
- BMX Track
- Dog Park
- Equestrian Arena
- Fitness Equipment
- Handball Courts
- Hiking Trails
- Horseshoe Pit
- Inline Hockey
- Lighted Sports Fields
- Nature Center
- Open Area
- Parking Fee
- Pickleball Courts
- Picnic Tables
- Play Equipment
- Preschool Classes
- R/C Track
- Rentable Facility
- Reservable Picnic Shelter
- Restrooms
- Senior Center
- Skate Park
- Tennis Courts
- Volleyball
- Walking Track

Better! Life Make Parks

- 17 LOKKER PARK**  
848 Vista Coto Verde
- 18 MEL VINCENT PARK**  
668 Calistoga Rd.
- 19 MISSION OAKS PARK**  
5501 Mission Oaks Blvd.
- 20 NANCY BUSH PARK**  
1150 Bradford Ave.
- 21 PITTS RANCH PARK**  
1400 Flynn Rd.
- 22 PLEASANT VALLEY FIELDS**  
150 W. Park Ct./3777 Village at the Park Dr.

- 23 QUITO PARK**  
7073 Quito Court
- 24 SPRINGVILLE PARK**  
801 Via Zamora
- 25 TRAILSIDE PARK**  
5462 Cherry Ridge Dr.
- 26 VALLE LINDO PARK**  
889 Aileen St.
- 27 WOODCREEK PARK**  
1200 Woodcreek Rd.
- 28 WOODSIDE PARK**  
247 Japonica Ave.

## Happy Baby Social Nest

**Ages:** 6-18 months **Cost:** \$124

**Instructor:** Raechel Santos

**Location:** Pitts Ranch Park

Play based class for babies 6-18 months of age. 60 minutes of fun, engaging, and entertaining activities that promote babies' emotional well-being and optimal development. Please dress comfortably and bring a blanket/yoga mat to give you and your toddler some wiggle room on the ground.

1/3-1/24	W	11:00am-12:00pm
2/7-2/28	W	11:00am-12:00pm
3/6-3/27	W	11:00am-12:00pm
4/3-4/24	W	11:00am-12:00pm

## Ballet and Tap Preschool

**Ages:** 3-5 yrs. **Cost:** \$68

**Instructor:** Sandra Dixon

**Location:** Community Center, Room #6

Two dance favorites in one class. Students are introduced to simple steps and easy ballet and tap routines in this energetic class.

1/4-2/15	Th	4:30pm- 4:55pm
3/7-4/18	Th	4:30pm- 4:55pm

## Kindermusik Foundations

**Ages:** 3-14 mos. **Cost:** \$88

**Instructor:** Katie Shinden

**Location:** Community Center, Room #6

A sensory-rich yet caring and gentle environment where infants can explore and react to new sounds, sensations, objects, and movements. \$15 lab fee for music streaming access and books due first class.

**Additional Supply Fee:** \$15

1/9-1/30	Tu	11:30am- 12:15pm
2/6-2/27	Tu	11:30am- 12:15pm
3/5-3/26	Tu	11:30am- 12:15pm
4/9-4/30	Tu	11:30am-12:15pm

## Kindermusik Level 1

**Ages:** 12-24 mos. **Cost:** \$88

**Instructor:** Katie Shinden

**Location:** Community Center, Room #6

Provides toddlers with a stimulating setting to explore their new movement and language skills with a sense of security, comfort, and confidence. \$15 lab fee due for music streaming access and book due first class.

**Additional Supply Fee:** \$15

1/9-1/30	Tu	10:30am-11:15am
2/6-2/27	Tu	10:30am-11:15am
3/5-3/26	Tu	10:30am-11:15am
4/9-4/30	Tu	10:30am-11:15am

## Kindermusik Level 2

**Ages:** 2-4 yrs **Cost:** \$88

**Instructor:** Katie Shinden

**Location:** Community Center, Room #6

Allows toddlers and their caregivers to gather together for a fun-filled learning experience, accommodating all levels of learning and musical ability. \$15 lab fee for music streaming access and book due first class.

**Additional Supply Fee:** \$15

1/9-1/30	Tu	9:30am-10:15am
2/6-2/27	Tu	9:30am-10:15am
3/5-3/26	Tu	9:30am-10:15am
4/9-4/30	Tu	9:30am-10:15am

## Kindermusik Level 4

**Ages:** 4-6 yrs. **Cost:** \$88

**Instructor:** Katie Shinden

**Location:** Community Center, Room #6

Thinking of signing up for music lessons? Level 4 classes help build a foundation for formal music instruction. Children explore basic music symbols and more complex instruments. Plus, families can observe as their children master concepts that boost learning in other subjects.

**Additional Supply Fee:** \$15

1/9-1/30	Tu	4:15pm- 5:00pm
2/6-2/27	Tu	4:15pm- 5:00pm
3/5-3/26	Tu	4:15pm- 5:00pm
4/9-4/30	Tu	4:15pm- 5:00pm

## Kindermusik Mixed Ages

**Ages:** 0-4 yrs. **Cost:** \$88

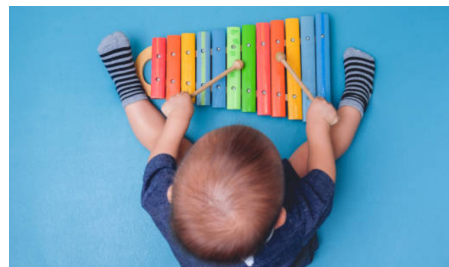
**Instructor:** Katie Shinden

**Location:** Community Center, Room #6

Allows infants through 4-year-olds and their caregivers to gather for a fun-filled learning experience, accommodating all levels of learning and musical ability. \$15 lab fee for music streaming access and book due first class.

**Additional Supply Fee:** \$15

1/10-1/31	W	5:00pm- 5:45pm
2/7-2/28	W	5:00pm- 5:45pm
3/6-3/27	W	5:00pm- 5:45pm
4/10-5/1	W	5:00pm- 5:45pm



## Kindermusik Musicians

**Ages:** 5-7 yrs **Cost:** \$88

**Instructor:** Katie Shinden

**Location:** Community Center, Room #6

When kids learn big concepts in groups, it's more likely to stick. Kindermusik Musicians classes introduce music notation, new and complex instruments, and different genres of music. Children participate in ensembles while improving their problem solving and pre-literacy skills.

**Additional Supply Fee:** \$30

1/9-1/30	Tu	3:00pm- 4:00pm
2/6-2/27	Tu	3:00pm- 4:00pm
3/5-3/26	Tu	3:00pm-4:00pm
4/9-4/30	Tu	3:00pm- 4:00pm

## Great Explorers-Preschool Concepts/ Spanish Fusion

**Ages:** 3.5-5 yrs **Cost:** \$169/\$149 \*

**Instructor:** Estela Lizarraga

**Location:** Dos Caminos Park

Children will be introduced to pre-kinder concepts. Let's learn patterns using bears and search for letters in colored rice. Refine pincer-grasp skills with sensory-motor games. Learn the songs and shapes through hands-on play.

**Additional Supply Fee:** \$10

**No Class 1/15 & 2/19.**

1/3-1/31	M/W	9:30am- 11:00am
2/5-2/28*	M/W	9:30am- 11:00am
3/4-3/27	M/W	9:30am- 11:00am
4/1-4/24	M/W	9:30am-11:00am



## Time to Explore -Parent and Me

**Ages:** 2.5-4 yrs. **Cost:** \$84

**Instructor:** Estela Lizarraga

**Location:** Dos Caminos Park

Children and parents will engage in a variety of activities such as painting, blocks, story time, sensory bins, and outdoor activities.

**Additional Supply Fee:** \$10

1/5-1/26	F	9:30am- 10:30am
2/2-2/23	F	9:30am- 10:30am
3/1-3/22	F	9:30am- 10:30am
4/5-4/26	F	9:30am- 10:30am



## Gymnastics

**Instructor:** Duncan Young **Cost:** \$62

**Location:** Community Center Auditorium  
Activities include basic tumbling and motor skills, balance beam, and single bar.

### Tot Gymnastics

**Ages:** 3-5

1/9-1/30	Tu	3:30pm- 4:15pm
2/6-2/27	Tu	3:30pm- 4:15pm
3/5-3/26	Tu	3:30pm- 4:15pm
4/2-4/23	Tu	3:30pm- 4:15pm

### Beginner Gymnastics

**Ages:** 6-12

1/9-1/30	Tu	4:30pm- 5:15pm
2/6-2/27	Tu	4:30pm- 5:15pm
3/5-3/26	Tu	4:30pm- 5:15pm
4/2-4/23	Tu	4:30pm- 5:15pm

### Intermediate Gymnastics

**Ages:** 6-12

1/9-1/30	Tu	5:30pm- 6:15pm
2/6-2/27	Tu	5:30pm- 6:15pm
3/5-3/26	Tu	5:30pm- 6:15pm
4/2-4/23	Tu	5:30pm- 6:15pm



## Saturday Horseback Riding Classes

**Ages:** 6+

**Cost:** \$230

**Instructor:** Nance Tapley-Peck

**Location:** Peck Farm, 8295 Happy Camp Rd., Moorpark

Learn to go get the horse, halter, lead, tie, brush, clean feet, tack up English or Western, mount and ride. Dismount, untack, brush, feed carrots and return the horse to corral. Must wear boots with smooth soles and heel, jeans or breeches, your helmet or ours. Bring water and a jacket.

1/6-1/27	Sa	12:00pm-1:00pm
2/3-2/24	Sa	12:00pm-1:00pm



## Succulent Potting and Pot Decorating

**Ages:** All

**Cost:** \$12

**Instructor:** Irene Yang

**Location:** Auditorium Courtyard

Come learn how to pot your own succulent in a customizable pot and learn basic Succulent care. Make sure to wear clothes you don't mind getting dirty in. \$2.00 supply fee covers a chalkboard painted terracotta pot, soil, succulent, and top dressing

**Additional Supply Fee:** \$2

1/20	Sa	10:30am-12:00pm
3/30	Sa	10:30am-12:00pm
4/27	Sa	10:30am-12:00pm

## Drivers Education

**Ages:** 14-18

**Cost:** \$47

**Instructor:** All Good Driving School

**Location:** Online

Driver Education is a California-required course for teens to receive a driver's license. It is the first step that must be taken so the teen can receive a driver's permit. The course includes much parental involvement and is fun, interactive, and educational. Coursework can be completed at any time of day or night. The course is offered online only. DMV-accepted completion certificates are issued upon successful completion of the course. Class does not include behind-the-wheel driving.



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specialevents@pvrrpd.org

**Sponsorship & Volunteer Opportunities Contact:**  
Kaleen Gage at kgage@pvrrpd.org



# Special Interest

## Meet Your Sewing Machine – Beginner

**Ages:** 5+ years **Cost:** \$103  
**Instructor:** Debbie Lee Bavaro  
**Location:** Bazaar Alternatives, 266 Mobil Avenue #100, Camarillo  
 Discover the wonder that is your sewing machine! Find out what it can do. Beginning sewing project that demonstrates basic seaming techniques. Private class by appointment only. 2 hours. Please call (805) 402-6296 to schedule.

## Ongoing Sewing Support

**Ages:** 5+ years **Cost:** \$280  
**Instructor:** Debbie Lee Bavaro  
**Location:** Bazaar Alternatives, 266 Mobil Avenue #100, Camarillo  
 Sometimes it is helpful to sew and plan with others. Current classes will be limited to private only. Class includes access to the instructor, shop facilities, equipment, and some resources. 1.5 hours a week for 4 weeks. Please call (805) 402-6296 to schedule.

## Trash to Treasure

**Ages:** 5+ years **Cost:** \$280  
**Instructor:** Debbie Lee Bavaro  
**Location:** Bazaar Alternatives, 266 Mobil Avenue #100, Camarillo  
 Turn your old favorite clothing items into something new. Update the styling or make a complete transformation, using your sewing machine or ours. Let's start wearing art! Private lessons, 1.5 hour a week for 4 weeks. Please call (805) 402-6296 to schedule.

## Lego Club- Build a Zoo

**Ages:** 5+ years **Cost:** \$94  
**Instructor:** Debbie Hager  
**Location:** Community Center Room #7  
 Students will be challenged to build and share a different creation each week as we create a zoo. Meet new friends and share your love of Lego!  
 1/11-2/15 Th 3:15pm– 4:00pm

## Lego Club- Amusement Park

**Ages:** 5+ years **Cost:** \$94  
**Instructor:** Debbie Hager  
**Location:** Community Center Room #7  
 Students will be challenged to build and share a different creation each week as we create an amusement park. Meet new friends and share your love of Lego!  
 4/11-5/16 Th 3:15pm– 4:00pm

## Lego Battle Robots

**Ages:** 8+ years **Cost:** \$94  
**Instructor:** Debbie Hager  
**Location:** Community Center Room #7  
 Build and control Lego battle robots. Learn about the engineering process, building basics, gears, & power as you create a robot and battle others.  
 1/11-2/15 Th 4:15pm– 5:30pm  
 4/11-5/16 Th 4:15pm– 5:30pm

## Lego Club

**Ages:** 6+ years **Cost:** \$94  
**Instructor:** Debbie Hager  
**Location:** Community Center Room #7  
 Students will be challenged to build and share a different creation each week as we create a zoo. Meet new friends and share your love of Lego!  
 1/10-2/14 W 11:00am–12:00pm  
 4/10-5/15 W 11:00am–12:00pm

## Kids Cooking Academy

**Ages:** 6-11 **Cost:** \$144  
**Instructor:** Lisa Nadasdy  
**Location:** Community Center Classroom #1 & Kitchen  
 Kids will tantalize their taste buds and have fun with food! Different recipes each week! Each student receives their own cookbook.  
**Cooking Around The World!**  
 1/17-2/14 W 10:00am– 10:55am  
**Desserts!**  
 2/21-3/20 W 10:00am– 10:55am  
**The Ultimate Cookout!**  
 4/10-5/8 W 10:00am– 10:55am





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Scan to learn more  
about PVSD programs!



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- Small class sizes
- Full-day TK/K options
- Dedicated TK/k playgrounds
- Developmentally appropriate academics
- Dedicated small group learning time
- Whole child approach
- Specialized programs to match your child's passions: Dual Language Program, theme schools, and magnet schools
- Homeschool option through PEAK Prep Pleasant Valley, PVSD's affiliated TK-12 grade Charter School

Start your child's educational journey here:  
**[www.CamarilloSchools.org](http://www.CamarilloSchools.org)**

## MSA Youth Soccer Academy

**Instructor:** Bryan Monka **Cost:**\$83

**Location:** Somis School

Join Camarillo High School Coach and former professional Bryan Monka in the MSA Youth Soccer Academy! Designed to develop young aspiring soccer players, the MSA Staff will teach technique, tactics, fitness, and sports psychology in a fun learning environment.

**Ages:** 3-4

1/9-1/30	Tu	5:00pm-6:00pm
2/6-2/27	Tu	5:00pm-6:00pm
3/5-3/26	Tu	5:00pm-6:00pm
4/2-4/23	Tu	5:00pm-6:00pm

**Ages:** 5-7

1/9-1/30	Tu	5:00pm-6:00pm
2/6-2/27	Tu	5:00pm-6:00pm
3/5-3/26	Tu	5:00pm-6:00pm
4/2-4/23	Tu	5:00pm-6:00pm

**Ages:** 8-12

1/9-1/30	Tu	5:00pm-6:00pm
2/6-2/27	Tu	5:00pm-6:00pm
3/5-3/26	Tu	5:00pm-6:00pm
4/2-4/23	Tu	5:00pm-6:00pm

## MSA Parent & Me Soccer

**Ages:** 2-3 **Cost:** \$58

**Instructor:** MSA Staff

**Location:** Somis School

Join Camarillo High School Coach and former professional Bryan Monka in the MSA Parent and Me Soccer Class! Designed to introduce young soccer players to the game, the MSA Staff, along with parental help, will introduce skills through imaginative games.

1/9-1/30	Tu	4:15pm-4:45pm
2/6-2/27	Tu	4:15pm-4:45pm
3/5-3/26	Tu	4:15pm-4:45pm
4/9-4/23	Tu	4:15pm-4:45pm

## B.E.S.T. Basketball

**Instructor:** B.E.S.T Staff

**Location:** Pitts Ranch Park

Our industry-leading basketball skills and drills clinics introduce and advance your players ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position. Please bring your child's favorite basketball with their name on it.

**No class 3/30.**

**Ages:** 3-6 years **Cost:** \$93

1/12-2/10	Sa	10:40am-11:25am
2/17-3/16	Sa	10:40am-11:25am
3/23-4/27	Sa	10:40am-11:25am

**Ages:** 7-10 years **Cost:** \$93

1/12-2/10	Sa	11:30am-12:15pm
2/17-3/16	Sa	11:30am-12:15pm
3/23-4/27	Sa	11:30am-12:15pm

## Youth Evolution Basketball

**Instructor:** YEB Staff

**Location:** Mel Vincent Park, Basketball Courts

Learn fundamental movement skills and build overall motor skills. This course is designed for children to learn the fundamental concepts of basketball.

**Ages:** 2-3.5 **Cost:** \$99

3/27-4/24 W 6:00pm-6:30pm

**Level 1**

**Ages:** 3.5-4.5 **Cost:** \$99/\$83\*

1/10-1/31\* W 4:45pm-5:20pm

2/14-3/13 W 4:45pm-5:20pm

3/27-4/24 W 3:45pm-4:20pm

**Level 2**

**Ages:** 5-7 **Cost:** \$99/\$83\*

1/10-1/31\* W 3:55pm-4:40pm

2/14-3/13 W 3:55pm-4:40pm

3/27-4/24 W 4:25pm-5:10pm

**Level 3**

**Ages:** 8-11 **Cost:** \$99/\$83\*

1/10-1/31\* W 3:10pm-3:55pm

2/14-3/13 W 3:10pm-3:55pm

3/27-4/24 W 5:10pm-5:55pm

## B.E.S.T. Soccer

**Instructor:** B.E.S.T Staff

**Location:** Pitts Ranch Park

Our industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, and more! Our goal and focus is to maintain an energetic & highly active program!

**No Class 3/30 & 3/31.**

**Ages:** 16 months- 2 years **Cost:** \$93

1/13-2/10 Sa 9:50am-10:35am

2/17-3/16 Sa 9:50am-10:35am

3/23-4/27 Sa 9:50am-10:35am

1/14-2/11 Su 9:50am-10:35am

2/18-3/17 Su 9:50am-10:35am

3/24-4/28 Su 9:50am-10:35am

**Ages:** 3-6 years **Cost:** \$93

1/13-2/10 Sa 9:00am-9:45am

2/17-3/16 Sa 9:00am-9:45am

3/23-4/27 Sa 9:00am-9:45am

1/14-2/11 Su 11:30am-12:15pm

2/18-3/17 Su 11:30am-12:15pm

3/24-4/28 Su 11:30am-12:15pm

**Ages:** 7-10 years **Cost:** \$93

1/13-2/10 Sa 10:40am-11:25am

2/17-3/16 Sa 10:40am-11:25am

3/23-4/27 Sa 10:40am-11:25am

1/14-2/11 Su 1:20pm-2:05pm

2/18-3/17 Su 1:20pm-2:05pm

3/24-4/28 Su 1:20pm-2:05pm

## 3-Sport Multi-Sport

**Instructor:** B.E.S.T Staff

**Location:** Pitts Ranch Park

Our 3-Sport program offers multiple weeks of 3 fantastic sports: Soccer, Baseball/Softball, & Basketball. We will teach your player how to kick and control a soccer ball, how to hit, catch and run bases, and how to shoot and dribble a basketball.

**No class 3/30.**

**Ages:** 2-4 years **Cost:** \$93

1/13-2/10 Sa 9:00am-9:45am

2/17-3/16 Sa 9:00am-9:45am

3/23-4/27 Sa 9:00am-9:45am

**Ages:** 4-7 years **Cost:** \$93

1/13-2/10 Sa 9:50am-10:35am

2/17-3/16 Sa 9:50am-10:35am

3/23-4/27 Sa 9:50am-10:35am

**Ages:** 7-10 years **Cost:** \$93

1/13-2/10 Sa 11:30am-12:15pm

2/17-3/16 Sa 11:30am-12:15pm

3/23-4/27 Sa 11:30am-12:15pm

## 4-Sport Multi-Sport

**Instructor:** B.E.S.T Staff

**Location:** Pitts Ranch Park

Our 4-Sport program offers 4 fantastic sports: Soccer, Baseball/Softball, Basketball, & Track. We will teach your player how kick & control a soccer ball, how to hit, catch, and run bases, shoot & dribble a basketball, and running, jumping & building strength + endurance.

**Ages:** 2-4 years **Cost:** \$93

1/14-2/11 Su 9:00am-9:45am

2/18-3/17 Su 9:00am-9:45am

3/24-4/28 Su 9:00am-9:45am

**Ages:** 4-7 years **Cost:** \$93

1/14-2/11 Su 10:40am-11:25am

2/18-3/17 Su 10:40am-11:25am

3/24-4/28 Su 10:40am-11:25am

**Ages:** 7-10 years **Cost:** \$93

1/14-2/11 Su 12:30pm-12:15pm

2/18-3/17 Su 12:30pm-1:15pm

3/24-4/28 Su 12:30pm-1:15pm

## Adaptive Basketball

**Instructor:** Allen Grizzard Paul

**Location:** Monte Vista Gym

Basic basketball skills, dribbling, passing, and shooting. Intended with persons with physical or mental disabilities. Focusing on fun, teamwork, and inclusion.

**Ages:** 5-12 years **Cost:** \$25

1/14-3/3 Su 11:00am-12:00pm

**Ages:** 13 years **Cost:** \$25

1/14-3/3 Su 12:00pm-1:00pm



## Super Soccer Stars

**Instructor:** Anna Audler

**Location:** Pitts Ranch Park

Super Soccer Stars teaches soccer skills in a fun, non-competitive and educational environment. Through an age-specific curriculum, soccer is used to nurture, build self-confidence, and develop teamwork. Low child-to-coach ratios and positive reinforcement ensure that each child improves at his or her own pace while having a blast!

**Ages:** 2-3 years **Cost:** \$205

1/6-2/24 Sa 9:00am- 9:40am

3/9-4/27 Sa 9:00am- 9:40am

**Ages:** 3-4 years **Cost:** \$205

1/6-2/24 Sa 9:45am- 10:30am

3/9-4/27 Sa 9:45am- 10:30am

**Ages:** 4-5 years **Cost:** \$205

1/6-2/24 Sa 10:35am- 11:25am

3/9-4/27 Sa 10:35am- 11:25am

**Ages:** 5-7 years **Cost:** \$205

1/6-2/24 Sa 11:30am- 12:30pm

3/9-4/27 Sa 11:30am- 12:30pm



## YOUTH LEAGUE SPRING SOCCER

BOYS AND GIRLS AGES 5-13

No parent volunteering, Eagles coaches, short-sided games!



Practice 2x week & consistent game times!

\$350 REGISTRATION  
UNIFORM DISCOUNT AVAILABLE

WWW.EAGLESSC.COM

## Pickleball

To register for Pickleball classes, visit [AGAPETENNISACADEMY.COM](http://AGAPETENNISACADEMY.COM) and to find out more information email [PVINFO@AGAPETENNISACADEMY.COM](mailto:PVINFO@AGAPETENNISACADEMY.COM).

## Beginner Pickleball Clinics

**Instructor:** Agape, Bruce Cuddy

Learn the basic skills, rules, scoring, court positioning, and basic strategies.

**Bob Kildee Courts**

1/3-4/29 M/W 9:00am- 10:00am

**Springville Courts**

1/3-4/29 M/W 5:00pm- 6:00pm

## Intermediate Pickleball Clinics

**Instructor:** Agape, Bruce Cuddy

Advanced skill development on techniques as well as drills to help improve every area of the court. Prior experience with shots and strokes.

**Bob Kildee Courts**

1/3-4/29 M/W 10:00am- 11:00am

**Springville Courts**

1/3-4/29 M/W 6:00pm- 7:00pm

1/3-4/29 M/W 7:00pm- 8:00pm

## Major League Pickleball Round Robin

**Instructor:** Agape, Bruce Cuddy

**Location:** Springville Courts

Play Major League Pickleball rally scoring format with a team built by the instructor. Three teams will battle it out against each other. This event is ideal for 3.0+ level adult classes.

3/9 Sa 9:00am- 11:30am

## Women's Pickleball Scramble

**Instructor:** Agape, Bruce Cuddy

**Location:** Springville Courts

Each person will play one game with each person in the class one time for a total of 8 games per person. Rally scoring games to 15. This event is for women between 3.0-3.5 level adult players only.

2/24 Sa 9:00am- 11:30am

## Intermediate Pickleball

**Instructor:** Agape, Michael Ashley

**Location:** Springville Courts

Learn the basic shot types, serves, returns, third shot drops, dinks, and volleys along with court positioning. This class is ideal for the new but improving players (2.5-3.0).

2/8-2/29 Th 6:00pm- 7:30pm

4/4-4/25 Th 6:00pm- 7:30pm



## Advanced Pickleball

**Instructor:** Agape, Michael Ashley

**Location:** Springville Courts

Improve your pickleball game with drills and live play with a high level experienced coach. Classes will cover 3rd drop shots, resets, volleys, dinking, and game strategies. This class is ideal for 3.5+ level player.

2/8-2/29 Th 7:30pm- 9:00pm

4/4-4/25 Th 7:30pm- 9:00pm



## Pickleball Workshops

**Instructor:** Agape, Bruce Cuddy

Specific drills and skill development, along with coachable training.

**Springville Courts**

1/2-4/30 Tu/Th 9:00am- 10:00am



## Private and Group Lessons

**Instructor:** Agape, Bruce Cuddy

Recommended for players, partners, or groups looking for individual instruction. Concentrated on strategy, and areas dictated by the player. For more information visit [www.pleasantvalley.agapetennisacademy.com](http://www.pleasantvalley.agapetennisacademy.com).

# Adult Sports Leagues

Our leagues give you the chance to stay active, be part of a team, and compete. Most of our leagues are offered three times a year. Whether they're old friends, new friends, or co-workers, get your team together for a season of fun in Pleasant Valley Recreation & Park District's adult sports leagues. We are currently planning for our Summer leagues. Questions, contact Macy at [mtrueblood@pvrpd.org](mailto:mtrueblood@pvrpd.org).



## Kickball League

This ten-week season is for adults ages 16 and above.

### 10 Week Spring 2023 Season

**League Play Begins:** Wednesday, February 21

**League Ends:** Wednesday, April 24

**Season dates may be extended due to weather delays.**

### Coed

**Games:** Wednesday, 6:00pm, 7:00pm, 8:00pm or 9:00pm per schedule

**Location:** Pleasant Valley Fields

**Early Registration Cost:** \$230 per team  
1/15-2/2

**Late Registration Cost:** \$255 per team  
2/6-2/8

**Umpire Fee Cost:** \$15 per game

## Registration

Go to [www.pvrpd.org](http://www.pvrpd.org) to register online or to download the roster form. The District accepts complete team registration only.

## Free Agent List

**Don't have a team?** Sign up through our individual free Agent List that team managers can pull from. If enough individuals sign up, you can create a team with the list. Free agents lists and sign ups are found on our website.



## Softball League

This ten-week season is for adults ages 16 and above. We have divisions for all levels of play in a fun recreational setting.

### 10 Week Spring 2023 Season

**League Play Begins:** Sunday, February 18

**League Ends:** Thursday, April 28

**Season dates may be extended due to weather delays.**

### Men's C-, C and C+ Levels

**Games:** Monday, Wednesday, Thursday, 6:15pm, 7:30pm or 8:45pm per schedule

**Location:** Pleasant Valley Fields

### Coed C-, C and C+ Levels

**Games:** Friday, 6:15pm, 7:30pm or 8:45pm per schedule

**Location:** Pleasant Valley Fields

**Games:** Sunday, 4:45pm, 6pm or 7:15pm per schedule

**Location:** Mission Oaks Park

**Early Registration Cost:** \$395 per team  
1/15-2/2

**Late Registration Cost:** \$420 per team  
2/3-2/7

**Umpire Fee Cost:** \$20 per game



## Adult Basketball League

### 10 Week Spring 2023 Season

**League Play Begins:** Monday, March 18

**League Ends:** Thursday, May 20

### Men's

**Games:** Wednesday, 6:00pm, 7:00pm, 8:00pm or 9:00pm per schedule

**Location:** Monte Vista Gymnasium, 888 Lantana Ave.

**Early Registration Cost:** \$295 per team  
2/26-3/1

**Late Registration Cost:** \$320 per team  
3/2-3/6

**Ref Fee Cost:** \$35 per game



## Senior Softball League

For seniors 60 years and older, join us for Senior Softball League on Tuesday mornings!

**Games:** Tuesdays 9:00am-12:00pm

**Location:** Mission Oaks Park

For more information call the Pleasant Valley Senior Center: 805.482.4881.



# REGISTRATION FOR FALL OPENS JANUARY 2024!



**CAMARILLO  
STINGERS**  
FOOTBALL & CHEERLEADING



**TACKLE - STARTING AGE 6**

# 2024

**TACKLE FOOTBALL  
CHEERLEADING  
7V7  
FLAG FOOTBALL**

- FREE CONDITIONING, AGILITY, AND CHEER CAMPS DURING WINTER AND SPRING MONTHS
- WALK UP REGISTRATION DATES POSTED ON OUR WEBSITE AND SOCIAL MEDIA
- MILITARY AND SIBLING DISCOUNTS OFFERED
- EARLY BIRD REGISTRATION DISCOUNT OFFERED (REGISTER BETWEEN JAN & MAR)
- PAYMENT PLANS, SCHOLARSHIPS, AND SPONSORSHIPS



**SIDELINE- STARTING AGE 6**

## LEARN MORE



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CAMARILLOSTINGERS.ORG



@CAMARILLOSTINGERS



CAMARILLO STINGERS YOUTH  
FOOTBALL AND CHEER

We are a 501(c)(3) non-profit organization serving young athletes in football and cheerleading. We are dedicated to encouraging our young athletes to achieve their best on the field, in the classroom and in the community. We are proud members of the Gold Coast Youth Football League (GCYFL). Our league optimizes players positions based on their weights to help provide a safer matchup between players on the field.



## REGISTER FOR AYSO SOCCER

**APRIL 1<sup>st</sup> – JUNE 14<sup>th</sup>**

### Region 68 Fall 2024 Season

Schoolyard, Non-Comp, Competitive & VIP/EPIC  
Boys & Girls Birth Years 2006 - 2020  
Games on Saturdays at Pleasant Valley Fields

To register & for more information, visit  
[CamarilloAYSOSoccer.org](http://CamarilloAYSOSoccer.org)



Everyone Plays® | Balanced Teams | Open Registration | Positive Coaching | Good Sportsmanship | Player Development

Learn more [www.pvrpd.org](http://www.pvrpd.org) or call 805-482-1996



## Senior Center

1605 E. Burnley St.  
Camarillo, CA 93010  
805-482-4881  
seniorcenter@pvrpd.org  
www.pvrpd.org  
Hours: Mon.-Fri, 9am-4pm  
f @pvrpd

Come participate in weekly and monthly activities for adults 50+. Programs and events are free unless noted. The Senior Center offers two pool tables that are open daily from 9am-4pm for free play and matches.

## Activity Groups

### Art Group

**Location:** Community Center Rooms 2-3  
Get together with other creative souls to practice your art skills. Whatever type of art you enjoy, bring your supplies, and enjoy some artistic inspirations.

1/2-4/30 Tu 9:00am-12:00pm

### Bingo

**Location:** Community Center Auditorium  
The best Bingo game in town for adults 18+. Program variety, reasonable buy ins and great pay-outs!

Doors open at 10am  
Sales stop at 11:15am  
Games will run 12-3pm

**Minimum Buy-In:** 1 pack of 10 games @ \$13

**Specials:** \$2 each sheet, Black/White, Double-Action, 4-On Two-Pack

**All Other Specials:** \$1 per sheet

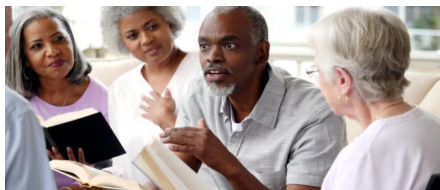
1/3-4/24 W 12:00pm-3:00pm

### Book Club

**Location:** Senior Center

Join us for our monthly book club with other avid readers and discuss the month's book. New books will be decided each meeting

1/9 Tu 5:30pm-6:30pm  
2/13 Tu 5:30pm-6:30pm  
3/12 Tu 5:30pm-6:30pm  
4/9 Tu 5:30pm-6:30pm



### Senior Social

**Location:** Senior Center

A monthly gathering to sit and socialize with fellow seniors while enjoying light refreshments. A sponsored business may be a guest to briefly speak on services they offer.

1/11 Th 5:30pm-6:30pm  
2/8 Th 5:30pm-6:30pm  
3/14 Th 5:30pm-6:30pm  
4/11 Th 5:30pm-6:30pm

### Table Tennis

**Location:** Freedom Center

Also known as ping-pong, this sport is played in groups of four players. All talent levels are welcome.

9/1-12/29 M/W/F 1:00pm-4:00pm



### Ukulele

**Location:** Community Center Auditorium  
Bring a ukulele and join this group consisting of seniors ranging in ability from beginners to advanced. Led by rotating volunteers.

1/8 M 10:00am-12:00pm  
1/22 M 10:00am-12:00pm  
2/12 M 10:00am-12:00pm  
2/26 M 10:00am-12:00pm  
3/11 M 10:00am-12:00pm  
3/25 M 10:00am-12:00pm  
4/8 M 10:00am-12:00pm  
4/22 M 10:00am-12:00pm

### Seniors of Note Camarillo Big Band

**Location:** Community Center Classroom 7  
Seniors of Note is a volunteer led instrumental band which rehearse over 30 different charts and perform at local community events. Interested in joining? Please contact the Senior Center for more information.

1/2-4/30 Tu 1:00pm-3:00pm



### Home Care Agency

(Licensed, Bonded & Insured)



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**(818) 804-5246**

Visit our website at

www.agingwithaegiscare.com



## Game Groups

### Canasta

**Location:** Senior Center

A popular card game of the rummy family of games, believed to be a variant of 500 Rum. Although many variations exist for two, three, five or six players, it is most commonly played by four in two.

1/3-4/29 M/W 9:30am-1:30pm

### Card Group

**Location:** Senior Center

Enjoy playing poker? Omaha High-Low/7-card stud High-Low/10 card stud. These are just a few of the games that are played.

1/2-4/30 Tu/Th 12:00pm-4:00pm



### Euchre

**Location:** Senior Center

This is a trick playing game with a trump, played by four players in teams of two. The basic play is like Whist.

1/3-4/24 W 12:00pm-2:00pm

### Hand & Foot

**Location:** Senior Center

Played with partners, the aim of the game is to get rid of the cards in your hand (11 cards) and meld them with your foot hand (11 cards).

1/2-4/30 Tu 12:00pm-4:00pm

### Mahjong

**Location:** Senior Center

A tile-based game developed during the Qing Dynasty in China and has spread throughout the world since the early 20th century. It is commonly played by four players, with some three-player variations in Western countries. Like Rummy, this tile game involves know-how, strategy, and a little bit of chance.

1/4-4/25 Th 11:00am-1:30pm

### Mexican Train

**Location:** Senior Center

Mexican Train is a domino-based game in which players play all the tiles in their hand onto one or more trains emanating from a central hub or "station".

1/2-4/30 Tu 12:30pm-3:30pm

1/3-4/24 W 10:00am-12:30pm

### Pinochle

**Location:** Senior Center

Pinochle is a trick and meld card game. The current group is welcoming new players to create another foursome table.

1/4-4/29 M/Th 11:00am-4:00pm

### Social Bridge

**Location:** Senior Center

All levels of Bridge players can participate in this informal group playing Standard American Style.

1/3-4/24 W 12:00-3:00pm

## Health & Wellness

### Diabetes Class

**Location:** Community Center Room 3

A nurse from Livingston Nurse's Association will present information about Type 2 Diabetes with emphasis on diet, medication, exercise, and blood sugar monitoring.

1/3 W 2:30pm-4:00pm

2/7 W 2:30pm-4:00pm

3/6 W 2:30pm-4:00pm

4/3 W 2:30pm-4:00pm

## AARP® TAX ASSISTANCE

Need help with your taxes?

- Free tax assistance provided by AARP for the seniors in our community.

To book an appointment call:

☎ 805-482-4881



### Morning Stretch

**Location:** Community Center

Auditorium (M/F), Community Center Room 7 (Tu/Th), & Senior Center (W)

Stay Flexible! Participate in volunteer-led morning stretch exercises, including gentle rhythmic and aerobic motions that you can do at your own pace outdoors and meet new friends!

1/2-4/30 M-F 8:00am-9:00am

### Walking Group

**Location:** Community Center

All walking is done on flat ground around the perimeter of the Community Center. Participants walk for as long as you like. This is a wonderful opportunity to exercise outdoors and meet new friends!

1/5-4/29 M/F 9:30am-10:45am



### Yoga

**Location:** Senior Center

Improve your flexibility, strength and joint health while reducing stress and promoting calm and confidence. Bring a yoga mat & water bottle. \*New participants are encouraged to join Tuesday and Thursday classes.

1/2-4/30 M-F 9:00am-10:00am

## SENIOR PROGRAMS & EVENTS EMAIL SIGN UP

**SCAN HERE OR VISIT:**  
[bit.ly/connectwithpvrpd](http://bit.ly/connectwithpvrpd)



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get  
10% off your next  
service!

# RUMMAGE SALE

**7AM-12PM  
SATURDAY, MAY 4**

**Vendor Booth Applications open April 1st!  
Pre-owned Clothing, Furniture, Home Goods,  
Toys, Board Games, Etc.**



# Sweetheart Dance



Ages  
50+

Free  
Entry

Friday, February 9  
5-7pm

Community Center Auditorium  
1605 E. Burnley St., Camarillo

*Food, Music, Dancing*

Music by:  
*Seniors*  
Of Note



Ages  
18+

**Sunday, January 28**  
**4-9pm**

Community Center Auditorium  
1605 E. Burnley St., Camarillo

Doors open at 4pm  
Sales stop  
at 5:15pm  
Games run 6-9pm

Minimum Buy-In:  
1 pack of 10  
games, \$13  
Specials, \$1-\$2

**Limited to 125 players**

Limited to  
125 players

Ages  
18+

# FRIDAY NIGHT *Bingo*

**March 15**  
**4-9pm**

Community Center Auditorium  
1605 E. Burnley St., Camarillo

Doors open at 4pm  
Sales stop  
at 5:15pm  
Games run 6-9pm

Minimum Buy-In:  
1 pack of 10  
games, \$13  
Specials, \$1-\$2

*Pizza + Soda Provided*

# EASTER

## Eggstravaganza



**MARCH 30, 10AM - 1PM**

**Community Center Park**  
**1605 E. Burnley St., Camarillo**

**CRAFTS | EASTER BUNNY | FOOD TRUCKS**  
**TOUCH A TRUCK | LIVE MUSIC | VENDORS**

*The*  
**Big Egg**  
**HUNT**

**805.482.1996**  
**pvrpd.org**



**MARCH 23 - MARCH 29**

Hunt for giant eggs hidden in our parks for a chance to win eggTASTIC prizes!

Learn  
More





# *The* Big Egg HUNT

**MARCH 23 - MARCH 29**

Hunt for giant eggs hidden in our parks for  
a chance to WIN eggTASTIC prizes!

Fill Entire Sheet = Goody Bag & 5 Raffle Ticket  
Fill A Row = Goody Bag & 1 Raffle Ticket

## Egg #1

Arneill Ranch Park

Code: \_\_\_\_\_

## Egg #2

Bob Kildee Park

Code: \_\_\_\_\_

## Egg #3

Charter Oak Park

Code: \_\_\_\_\_

## Egg #4

Community  
Center Park

Code: \_\_\_\_\_

## Egg #5

Dos Caminos  
Park

Code: \_\_\_\_\_

## Egg #6

Encanto Park

Code: \_\_\_\_\_

## Egg #7

Foothill Park

Code: \_\_\_\_\_

## Egg #8

Freedom Park

Code: \_\_\_\_\_

## Egg #9

Heritage Park

Code: \_\_\_\_\_

## Egg #10

Lokker Park

Code: \_\_\_\_\_

## Egg #11

Mel Vincent Park

Code: \_\_\_\_\_

## Egg #12

Mission Oaks  
Park

Code: \_\_\_\_\_

## Egg #13

Pitts Ranch Park

Code: \_\_\_\_\_

## Egg #14

Pleasant Valley  
Fields

Code: \_\_\_\_\_

## Egg #15

Valle Lindo Park

Code: \_\_\_\_\_

## Egg #16

Woodside Park

Code: \_\_\_\_\_

FOR MORE CHANCES TO WIN, COME TO  
EASTER EGGSTRAVAGANZA ON MARCH 30TH AND  
FIND CHALLENGE EGGS AT THE COMMUNITY CENTER

805.482.1996  
pvrpd.org



Learn  
More



Learn more [www.pvrpd.org](http://www.pvrpd.org) or call 805-482-1996



# Calendar of Events

<b>JAN 28</b>	<b>Bingo Bash</b>	<b>Community Center</b>
<b>FEB 9</b>	<b>Sweetheart Dance</b>	<b>Community Center</b>
<b>MAR 15</b>	<b>Friday Night Bingo</b>	<b>Community Center</b>
<b>MAR 30</b>	<b>Easter Eggstravaganza</b>	<b>Community Center</b>
<b>APR 27</b>	<b>Love Your Planet</b>	<b>Camarillo Grove Park</b>

