



Pleasant Valley Recreation & Park District

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Pleasant Valley Aquatic Center Operation and Entry Guidelines

June 15, 2020

Dear Patrons,

Pleasant Valley Recreation & Park District (PVRPD) staff want to thank you for your patience and support during our Aquatic Center remodel leading into this unforeseen time. While we are happy to be operational and welcome you into our newly updated facility, we do so with a preventative framework in place and limited hours (outlined on reverse side). **Programming will begin on Monday, June 29, 2020.**

The reduced hours allow for proper disinfection of the facility as well as for limiting the spread of the virus and the exposure to our staff and community members. In order to offer a variety of programs and reach different audiences, we may need to limit the number of participants in any given program that may be sharing the pool with another program. These hours and maximum capacities may change based on state and local guidance. PVRPD Staff will have the final authority to permit or deny entrance.

District staff will practice physical distancing at all times; however, if an emergency occurs, our staff will respond in order to provide appropriate care. Safety of our customers is our top priority.

Chlorine in swimming pools disables coronavirus, but please help us limit spread of the virus by:

- Wearing masks when you are in our facility (no masks should be worn in the pool at any time)
- Keeping a physical distance of 6-10 feet from another person at any time
- Arriving in swim gear ready to swim (to limit your exposure in the locker rooms)
- Not sharing workout equipment. If using PVRPD equipment, please place used equipment in the Used Equipment Bin
- Limiting your shower time and exit through the side doors when leaving facility; do not exit through the lobby entrance
- Requesting to reserve your lap swim time online. Visit our website (www.pvrpd.org/lap-swim-reservation-requests) to submit your request. Please know we will work to accommodate as many requests as possible.
- Limiting workouts to 50 minutes to allow as many community members to swim during our limited hours as possible. Workouts will begin at the start of every hour. Please exit the facility quickly so our staff can clean prior to the next wave of patrons using our amenities.
- Staying home if you are experiencing any of the following symptoms: Fever of 100.4 F or higher, cough, trouble breathing, shortness of breath, severe wheezing, chills or repeated shaking with chills, muscle aches, sore throat, loss of smell or taste or a change in taste, nausea, vomiting or diarrhea, or headaches
- Staying home if you have come in contact with a person with a known case of Coronavirus within the past 14 days

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AQUATIC CENTER TEMPORARY HOURS OF OPERATION (as of June 2020)

Drop- In Programs	Days	Times	Single Entry	10-Entry	20-Entry
AM Lap Swim	M-F	9-11am	\$4 \$3 (Senior)	\$36 \$27 (Senior)	\$68 \$51 (Senior)
AM Lap Swim (1/2 pool)	Sa	8-12pm			
Evening Lap Swim (1/2 pool)	M-Th	5-7pm			
Therapeutic Swim (1/4 pool)	M-F	8-9am	\$5	\$30	\$45
Structured Swim	M/Th	5-6am			
Structured Swim (1/2 pool)	Th	6-7pm	\$7	\$50	\$90
Water Exercise (3/4 pool)	M-F	8-9am			

****Please note that some programs are sharing the pool with others.**

LAP SWIM

Per county regulations, public swimming pools may only allow 1 lap swimmer per lane. You may request to reserve your swim time by visiting our website and submitting a request for reservation form (www.pvrpd.org/lap-swim-reservation-requests). Due to county regulations and limited space, not all requests for reservations may be accepted. We will do our best to accommodate as many customers as possible. A grace period of 5 minutes may be allowed, however, late arrivals may lose their lane to walk-in patrons.

WATER EXERCISE w/ Debra Greenwood

Monday/Wednesday/Friday – Shallow Water

Tuesday/Thursday – Deep Water

This class is drop-in only and will be limited to 20 participants. The District will not be providing any exercise equipment, please bring your own should you need it.

STRUCTURED SWIM w/ Brian Smallwood

Please email Brian to reserve your swim time: briansxx@aol.com

PRIVATE SWIM LESSONS

Monday-Thursdays 4-7pm

Saturdays 8-12pm

Please visit www.pvrpd.org to register for Private Swim Lessons

With limited access to organized swim lessons, drowning incidents have continued to rise during this pandemic. Even during social distancing, swim lessons are vital to drowning prevention. With the understanding that chlorine in swimming pools disables coronavirus, the District will be providing private swim lessons.

All swim lessons will allow for student +1 ratio (student + parent/guardian/support). Swim Instructors will provide guided instruction to teach all skills from the pool deck or in water but with 6 feet physical distance. Intermediate & advanced swim lessons may be provided without parent/legal guardian/family member assistance only **after a swim test is given to evaluate participant's swim ability**. For participants who may not have a family member to accompany them in the water (adult participants), staff will modify lesson plans and use other swim equipment to help facilitate the lesson. All kickboard, diving toys, swim toys will be disinfected between lessons.

With safety as our top priority, staff will be ready to assist any swimmers in distress at any time. Should you have any questions, please do not hesitate to contact us at 805-987-8198.

Macy Trueblood, Recreation Supervisor

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mtrueblood@pvrpd.org

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