



Pleasant Valley Senior Center

Daily Activities

All activities take place at the Senior Center unless noted on the schedule.
For a full description of activities, visit our website at pvrpd.org/senior-center

*Activities are free,
just drop in & join!*

**1605 E. Burnley St.
Camarillo, CA 93010
805.482.4881**

**Hours:
Monday-Friday
9AM-4PM**

We offer puzzles,
books, board games,
and pool tables for
use in the Senior
Center.

Table Tennis

**Mon./Wed./Fri.
1PM-4PM**
Freedom Center
515 Eubanks St.,
Camarillo

Bingo

**Every Wednesday
12PM-3PM**
Auditorium
Buy-ins Required

Ukulele

**Twice a month on
Monday's
10AM-12PM**
Ask us for dates!

Book Club

**Second Tuesday of
Every Month
5:30PM-6:30PM**

ACTIVITY	MON	TUE	WED	THU	FRI
MORNING STRETCH	8AM-9AM Auditorium	8AM-9AM Room 7	8AM-9AM	8AM-9AM Room 7	8AM-9AM Auditorium
YOGA	9AM-10AM 10AM-11AM	9AM-10AM 10AM-11AM	9AM-10AM	9AM-10AM	9AM-10AM 2PM-3PM
WALKING GROUP	9:30AM-10:45AM				9:30AM-10:45AM
ART GROUP		9AM-12PM Room 2&3			
CANASTA	9:30AM-1:30PM				
PINOCHLE	11AM-4PM			11AM-4PM	
MEXICAN TRAIN		12:30PM-3:30PM	10AM-12:30PM		
MAHJONG				11:30AM-1:30PM	
CARD GROUP		12PM-4PM		12PM-4PM	
EUCHURE			12PM-3PM		
NICKEL				1PM-4PM	
HAND & FOOT		1PM-4PM			
SOCIAL BRIDGE			12PM-3PM		
SENIORS OF NOTE		1PM-3PM Room 7			
SENIOR SOFTBALL		9AM-12PM Mission Oaks Park			