Pleasant Valley Aquatic Center September - December 2026
Schedule At-A-Glance

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
6:00am	Lap Swim **6-8am**	Closed	Lap Swim **6-8am**	Effortless Swim* **6-7am**	Lap Swim **6-8am**	Effortless Swim* **6-7am**	Lap Swim **6-8am**
6:30am							
7:00am							
8:00am	Swim Lessons^ **8-11:30am**	Depth Fitness* **9-11:30am**	Transition				
8:30am			Water Exercise* **8:15-9:15am**				
9:00am							
9:30am			Therapy Swim **9:30-11am**	Therapy Swim (3 lanes) & Lap Swim (5 lanes) **9:30am-12:30pm**	Therapy Swim **9:30-11am**	Therapy Swim (3 lanes) & Lap Swim (5 lanes) **9:30am-12:30pm**	Therapy Swim **9:30-11am**
10:00am							
10:30am							
11:00am			Transition		Transition		Transition
11:30am	Transition	Booked Rental^ **9am-3pm** (1 lane/stairs)	Lap Swim **11:30am-1:30pm**		Lap Swim **11:30am-1:30pm**		Lap Swim **11:30am-1:30pm**
12:00pm	Rec Swim **12-3pm**						
12:30pm							
1:00pm							
1:30pm			Booked Rental^ **1:30-4pm** (1 lane/stairs)	No public programs			
2:00pm							
2:30pm							
3:00pm	Open for Rentals	Open for Rentals					
3:30pm							
4:00pm			PV Swim Team^ **4-7:30pm**	PVST^ **4-6:30pm** (8 Lanes) **6:30-7:30pm** (5 lanes)	PV Swim Team^ **4-7:30pm**	PVST^ **4-6:30pm** (8 Lanes) **6:30-7:30pm** (5 lanes)	PV Swim Team^ **4-6:45pm**
4:30pm							
5:00pm							
5:30pm							
6:00pm				Lap Swim **6:30-8:30pm**		Lap Swim **6:30-8:30pm**	
6:30pm							
7:00pm							
7:30pm							
8:00pm							
8:30pm	Closed						

Pool Closures:

August 24 - September 6 // *Annual Maintenance Closure*
November 11 // *Veteran's Day*
November 26 - 29 // *Thanksgiving*
December 12 // *Christmas Parade*
December 24 - 25 // *Christmas*

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***Instructor-led program**
^Not a drop-in program

PLEASANT VALLEY RECREATION & PARK DISTRICT

Updated 11/19/26